






January Breakfast Menu 2021

Menu Subject to Change



Mon	Tue	Wed	Thu	Fri
				1 NO SCHOOL WINTER BREAK Happy New Year!
4 NO SCHOOL TEACHERS' INSTITUTE 	5 Cereal Bagel (assorted spreads) ½ cup Fruit ½ Cup 100% Juice Milk Choice	6 Mini Pancakes (Sugar Free Syrup (1/4c)) 1 Cup Fruit Milk Choice	7 Breakfast Pizza 1 Cup Fruit Milk Choice	8 Biscuits & Sausage Gravy ½ cup Fruit ½ Cup 100% Juice Milk Choice
11 Ham/ Egg/ Cheese Bar 1 Cup Fruit Milk Choice	12 Cereal English Muffin (assorted spreads) ½ cup Fruit ½ Cup 100% Juice Milk Choice	13 Whole Gr. Waffles Sugar Free Syrup (1/4c) 1 Cup Fruit Milk Choice	14 Breakfast sandwich (Eng. Muffin, Bacon, Egg, Cheese) 1 Cup Fruit Milk Choice	15 Sausage Links (2) Fruit Turnover ½ Cup Fruit ½ Cup 100% Juice Milk Choice
18 NO SCHOOL MARTIN LUTHER KING DAY 	19 Cereal Frudel 1 Cup Fruit Milk Choice	20 Whole Grain Pancakes Sugar Free Syrup (1/4c) 1 Cup Fruit Milk Choice	21 Breakfast Pizza 1 Cup Fruit Milk Choice	22 Sausage/ Egg Patty ½ Cup Fruit ½ Cup 100% Juice Milk Choice
25 Cereal Fruit Turnover 1 Cup Fruit Milk Choice	26 Breakfast sandwich (Eng. Muffin, Bacon, Egg, Cheese) ½ cup Fruit ½ Cup 100% Juice Milk Choice	27 Pancake/ Sausage Stick (Sugar Free Syrup (1/4c)) 1 Cup Fruit Milk Choice	28 Ham/ Egg/ Cheese Bar 1 Cup Fruit Milk Choice	29 Breakfast Pizza 1 Cup Fruit Milk Choice 





Skim Chocolate and 1%
White milk served everyday



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				1 NO SCHOOL WINTER BREAK Happy New Year!
4 NO SCHOOL TEACHERS' INSTITUTE 	5 Crispito w/cheese Refried Beans Tortilla Scoops/Salsa Rosy Pears Jello Cake w/whipped topping	6 Chicken Nachos (Chips/cheese sauce/salsa) Romaine Side Salad w/cucumbers Applesauce	7 Pizza Green Beans Cottage Cheese Orange	8 Pasta w/Meat Sauce Whole Grain Bread Cheese Stick Carrot Sticks Peaches 
11 Baked Chicken Broccoli Cheese Soup Mixed Vegetables (Apollo) Mixed Fruit	12 Biscuits & Gravy Hash Brown Sausage Patty Pears GoGurt	13 Taco Haystack (chips/tomatoes/cheese) Romaine Side Salad Apple Slice Churro	14 Cheeseburger/bun Baked Beans Pineapple Yogurt	15 Chili w/beans Pretzel Stick Celery/Carrots/ranch Cheese Stick Grapes
18 NO SCHOOL MARTIN LUTHER KING DAY 	19 Hotdog or Chili Dog Cooked Carrots Baked Chips Mandarine Oranges Whole Grain Cookie	20 Chicken Fajita/tortilla Chicken Rice Corn Rosy Applesauce	21 Chicken Nuggets 6pc. K8/8 pc. HS Mashed Potatoes/gravy Whole Grain Bread Grapes	22 Sloppy Joe/bun Pretzels Baked Beans Pears
25 Baked Chicken Baked Fries Teddy Grahams Peaches Pudding	26 Fish Squares/Shapes Coleslaw Cheese Stick Mandarine Oranges	27 Macho Nacho (Chips/Cheese Sauce/lettuce) Refried Beans Plum	28 Deli Sandwich Chicken Noodle Soup Baked Chips (Apollo) Broccoli/ranch Cinnamon Applesauce	29 Pasta w Meat Sauce Breadstick Cheese Stick Corn Pears 

Skim Chocolate and 1% White milk served everyday