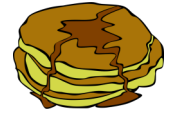






# November Breakfast Menu 2021

*Menu Subject to Change*

Skim Chocolate and 1%  
White milk served everyday.



Mon	Tue	Wed	Thu	Fri
1 Whole Grain Muffin Yogurt Parfait Fruit Cup Milk Choice	2 Cereal Whole Grain Pop Tart 1/2 cup Fruit 1/2 cup 100% Juice Milk Choice	3 Cereal Frudel 1 Cup Fruit Milk Choice	4 Breakfast Pizza 1 Cup Fruit Milk Choice	5 Cereal Fruit Turnover ½ Cup Fruit ½ Cup 100% Juice Milk Choice
8 Pancake/ Sausage Stick Sugar Free Syrup (1/4c) 1 Cup Fruit Milk Choice	9 Breakfast Sandwich (Bagel, Bacon, Egg, Cheese) 1 Cup Fruit Milk Choice	10 Cereal Whole Grain Pop Tart 1 Cup Fruit Milk Choice	11 <i>NO SCHOOL VETERANS DAY</i> 	12 Ham/Egg/Cheese Bar 1 Cup Fruit Milk Choice
15 Mini Pancakes/Waffles (Sugar Free Syrup 1/4c) 1 Cup Fruit Milk Choice	16 Cereal Muffin 1 Cup Fruit Milk Choice	17 Sausage or Bacon Egg Hash Browns 1 Cup Fruit Milk Choice	18 Breakfast Sandwich (English Muffin, Bacon, Egg, Cheese) 1 Cup Fruit Milk Choice	19 Cereal Donut 1 Cup Fruit Milk Choice
22 Whole Grain Muffin Yogurt Parfait Fruit Cup Milk Choice	23 Cereal Whole Grain Pop Tart 1/2 cup Fruit 1/2 cup 100% Juice Milk Choice	24 <i>NO SCHOOL THANKSGIVING BREAK</i>	25 <i>NO SCHOOL THANKSGIVING BREAK</i> 	26 <i>NO SCHOOL THANKSGIVING BREAK</i>
29 Pancake/ Sausage Stick Sugar Free Syrup (1/4c) 1 Cup Fruit Milk Choice	30 Breakfast Sandwich (Bagel, Bacon, Egg, Cheese) 1 Cup Fruit Milk Choice			

Nondiscrimination: In the operation of USDA Child Nutrition programs, no child will be discriminated against because of race, color, national origin, age, sex or disability. If you feel you have been, please call (309) 582-2238.





# November Lunch Menu 2021

Menu Subject to Change

Skim Chocolate and 1%  
White milk served every-  
day.



Mon	Tue	Wed	Thu	Fri
1 Oven Roasted Chicken Whole Grain Bread Baked Fries Green Beans Fruit	2 Bacon Cheeseburger/Bun Baked Chips Spinach Side Salad Fruit	3 Goulash w/cheese Bread Stick Corn Fruit	4 Taco Salad lettuce/tomato/cheese/chips Refried Beans Fruit Churro	5 <b>12:30PM DISMISSAL</b> Variety Sandwich Cheese Stick Fresh Carrots/ranch Fruit
8 Chicken Nuggets Mashed Potatoes/gravy Whole Grain Bread Fresh Broccoli Fruit	9 BBQ Pork/ Bun Baked Chips Baked Beans Fruit/Juice Cup	10 Macaroni and Cheese w/ Little Smokies Pretzel Stick Cook Carrots Fruit	11 <i>NO SCHOOL</i> <i>VETERANS DAY</i> 	12 Biscuits & Sausage Gravy Hashbrown ½ cup Fruit ½ Cup 100% Juice Whole Grain Cookie
15 Oven Roasted Chicken Whole Grain Bread Mashed Potatoes/gravy Cooked Carrots Fruit	16 Shrimp Poppers Broccoli/cheese Cottage Cheese Fruit	17 BBQ Ribette/ Bun Cole Slaw Baked Beans Cheese Stick Fruit	18 Turkey/ Dinner Roll Mashed potatoes/ gravy Green Bean Casserole Juice Autumn Bars / cool whip 	19 Pizza (assorted) Cheese Stick Spinach Side Salad Fruit
22 Chicken Patty/ Bun Baked Fries Corn Yogurt Parfait/Fruit	23 BBQ Pork/ Bun Baked Chips Baked Beans Fruit	24 <i>NO SCHOOL</i> <i>THANKSGIVING</i> <i>BREAK</i>	25 <i>NO SCHOOL</i> <i>THANKSGIVING</i> <i>BREAK</i>	26 <i>NO SCHOOL</i> <i>THANKSGIVING</i> <i>BREAK</i>
29 Chicken Tenders Green Beans Gold Fish Crackers Fruit	30 Mini Corn Dogs Baked Beans Baked Chips Fruit			

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