




October Breakfast Menu 2021

Skim Chocolate and 1% White milk served everyday.

Menu Subject to Change



Mon	Tue	Wed	Thu	Fri
				1 Ham/Egg/Cheese Bar 1 Cup Fruit Milk Choice
4 Mini Pancakes/Waffles (Sugar Free Syrup 1/4c) 1 Cup Fruit	5 Cereal Muffin 1 Cup Fruit Milk Choice	6 Sausage or Bacon Egg Hash Browns 1 Cup Fruit Milk Choice	7 Breakfast Burrito 1 Cup Fruit Milk Choice	8 Cereal Donut 1 Cup Fruit Milk Choice
11 NO SCHOOL COLUMBUS DAY 	12 Eggs Multi-grain Bar ½ cup Fruit ½ Cup 100% Juice	13 Cereal Frudel 1 Cup Fruit Milk Choice	14 Breakfast Pizza 1 Cup Fruit Milk Choice	15 Cereal Fruit Turnover ½ Cup Fruit ½ Cup 100% Juice Milk Choice
18 Pancake/ Sausage Stick Sugar Free Syrup (1/4c) 1 Cup Fruit Milk Choice	19 Breakfast Sandwich (Bagel, Bacon, Egg, Cheese) 1 Cup Fruit Milk Choice	20 Cereal Whole Grain Pop Tart 1 Cup Fruit Milk Choice	21 Biscuits & Sausage Gravy 1 Cup Fruit Milk Choice	22 Ham/Egg/Cheese Bar 1 Cup Fruit Milk Choice
25 Mini Pancakes/Waffles (Sugar Free Syrup 1/4c) 1 Cup Fruit	26 Cereal Muffin 1 Cup Fruit Milk Choice	27 Sausage or Bacon Egg Hash Browns 1 Cup Fruit Milk Choice	28 NO SCHOOL PARENT TEACHER CONFERENCES	29 NO SCHOOL PARENT TEACHER CONFERENCES

Nondiscrimination: In the operation of USDA Child Nutrition programs, no child will be discriminated against because of race, color, national origin, age, sex or disability. If you feel you have been, please call (309) 582-2238.





October Lunch Menu 2021

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Mon	Tue	Wed	Thu	Fri
				1 12:30PM DISMISSAL Chef Spinach Salad (turkey/ham) Gold Fish Crackers Broccoli/Cucumbers Fruit
4 Chicken Nuggets Mashed Potatoes/gravy Whole Grain Bread Green Beans Fruit	5 Bacon Cheeseburger/Bun Baked Beans Cheese Stick Fruit	6 Pasta w/Meat Sauce Bread Stick Cottage Cheese Cooked Carrots Fruit	7 Chicken Nachos Chips/Cheese Sauce Spanish Rice Black Beans Fruit	8 HOMECOMING Pizza (assorted) Broccoli/Carrots w/ranch Cheese Stick Fruit Jello Cake
11 NO SCHOOL COLUMBUS DAY 	12 Cheese Rite /Bun Baked Beans Yogurt Parfait Fruit	13 Turkey Tetrzzini w/cheese Bread Stick Broccoli Fruit /Juice	14 Macho Nacho Chips/Cheese Sauce lettuce/tomatoes/salsa Carrots Fruit	15 BBQ Ribette/ Bun Cole Slaw Fruit Rice Krispie
18 Chicken Patty/ Bun Baked Chips Corn Fruit	19 Hot Ham & Cheese/Bun Baked Beans Fruit Juice	20 Biscuits & Gravy Hashbrowns Yogurt Cup Fruit	21 Chicken Fajita w/white sauce/tortilla chips Carrots Fruit	22 Pizza (assorted) Cheese Stick Spinach Side Salad Fruit
25 Chicken Tenders Baked Beans Cole Slaw Fruit/Juice	26 Shrimp Poppers Cheese Stick Green Beans Fruit	27 Variety Sandwich Mixed Vegetables Yogurt Parfait Fruit	28 No School Parent Teacher Conferences 	29 No School Parent Teacher Conferences

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